

Devon Gables Rehabilitation Center Visitation Update October 1, 2020

To be effective October 1, 2020 "The Governors Task Force on Long-Term Care" approved and released revised recommended guidelines for visitation in Skilled Nursing Centers. There are two key components to resuming visitation as described in the guideline:

- 1) "The quality of the establishment's implementation of COVID-19 mitigation strategies."
- 2) "The level of spread occurring in the community (county)."
 - a. **Minimal Community Spread** is defined as a <u>Percent Positivity</u> <u>Rate</u> of <5%
 - b. **Moderate Community Spread** is defined as a <u>Percent Positivity</u> <u>Rate</u> of 5 to 10%
 - c. Substantial Community Spread is defined as a <u>Percent Positivity</u> <u>Rate</u> of $\ge 10\%$

As Pima County is currently at a <u>Percent Positivity Rate</u> of 4.5% (Data from September 10th-23rd on the CMS website) we are considered in the **Minimal Community Spread** category.

You can obtain a test at any of the following sites: <u>www.azhealth.gov/COVID19testing</u>

If there is an outbreak defined as 1 or more COVID-19 positive staff or residents then indoor visitation will be discontinued until 14 days have passed since the most recent COVID-19 positive staff or resident.

Visitation Coordination

All visitations will be coordinated by the facility's "Visitation Coordinator." Visitation may be scheduled by calling the Visitation Coordinator at 520-296-6181 Ext. 5033 between the hours of 8:00 am and 3:00 pm Monday through Friday. The number of visitors per day will be based on availability and space.

Requirements/Mitigation Measures for all Visitation

- Signs will be posted at the entrances to the facility advising visitors that they
 must be screened for <u>symptoms consistent with COVID-19</u> prior to entry.
 Screen visitors for:
 - a. Fever (T≥100.0°F) or chills
 - b. Cough
 - c. Shortness of breath or difficulty breathing
 - d. Fatigue
 - e. Muscle or body aches



- f. Headache
- g. New loss of taste or smell
- h. Sore throat
- i. Congestion or runny nose
- j. Nausea or vomiting
- k. Diarrhea
- 2. Restrict anyone with fever, symptoms, or known exposure from entering the facility.
- 3. Upon entry indoor visitors must present a negative COVID test (either PCR or antigen/point of care) that is less than 48 hours old and sign an attestation that they have isolated since the test and are symptom free.
- 4. Upon entry Designated Essential Visitors must present a negative COVID test (either PCR or antigen/point of care) that meets the criteria of Pima County Spread and sign an attestation that they will avoid attending large gatherings in between testing and visitation.
- 5. Inform all the visitors that the facility requires mask-wearing by residents (when safe), and visitors at all times. If a visitor is unable to wear a mask, they cannot have an in-person visit.
- 6. Educate visitors on proper hand hygiene, and that they must sanitize hands before visiting.
- 7. Ask visitors to inform the facility if they develop fever or symptoms consistent with COVID-19 within 14 days of visiting the facility.
- 8. The facility will maintain a visitor log for contact tracing purposes.
- 9. Visitors who are unable or unwilling to adhere to the requirements of COVID-19 infection prevention, such as wearing a mask at all times and maintaining physical distance (6 feet from all patients and staff) will be asked to leave.
- 10. Outdoor visitation may only occur when outdoor temperatures are considered safe according to the resident's individual medical condition and plan of care. Outdoor visitation does require a test if county positivity rate is substantial.



11. If Facility is in outbreak status as defined as 1 or more COVID-19 residents or staff then indoor visitation will not occur until after 14 days passed since the most recent positive result.

Types of Visitation/Visitors:

- 1. **Compassionate Care visitor-** (No testing required), but visitor must wear appropriate PPE, and screen with no COVID-19 like symptoms. These visits are for end of life situations, emotional family support for transition of change in environment, or a resident who is grieving after a friend or family member recently passed away. Administration will be consulted for these visits and they will be approved as necessary.
- Designated Essential Visitor-Each resident may designate up to 2 family members or caretakers to serve as a Designated Essential Visitor that is 18 years of age or older. (Testing requirements based on CMS level of spread for Pima County) A negative Antigen or PCR test is required at the corresponding level of spread we are currently in.
 "The level of spread occurring in Pima County"
 - **Minimal Community Spread** is defined as a <u>Percent Positivity Rate</u> of <5% **Testing (Once a month)**
 - **Moderate Community Spread** is defined as a <u>Percent Positivity Rate</u> of 5 to 10% (Once a week)
 - **Substantial Community Spread** is defined as a <u>Percent Positivity</u> <u>Rate</u> of ≥10% **(Twice a week)**

See the following link for current community spread: https://data.cms.gov/stories/s/COVID-19-Nursing-Home-Data/bkwz-xpvg/

- **3. Indoor Visitation-** (A negative COVID-19 antigen or PCR test must be obtained within 48 hours of visit) The visitors must be 18 years of age or older. There will be a designated area for visits with privacy as needed, and an employee overseeing to assure that infection control and social distancing is maintained.
- **4. Outdoor Visitation-** (No testing required) There will be a designated area for visits with privacy as needed, and an employee overseeing to assure that infection control and social distancing is maintained.



Visitor Access to Living Space

1) Indoor Visitation- For situations where there is a roommate and the health status of the resident prevents leaving the room, the facility will attempt to enable in-room visitation while adhering to the core principles of COVID-19 infection prevention. Prior approval will be obtained from resident or resident's representative if this situation arises. The visitor will only be allowed in the room for 15 minutes or less based on CDC guidance.

2) Compassionate Care Visitor or Designated Essential Visitor-a visitor and facility may identify a way to allow for personal contact, this will only be done following all appropriate infection prevention guidelines, and for a limited amount of time of 15 minutes or less

3) Residents who are on transmission-based precautions for confirmed COVID-19 will only receive visits that are virtual, through windows, or in-person for compassionate care situations, with adherence to transmission-based precautions. However, this restriction will be lifted once transmission-based precautions are no longer required per CDC guidelines, and other visits may be conducted as described above.

4) If a resident is on the monitoring unit with transmission based precautions in place, Designated Essential visitors will be able to visit while adhering to transmission based precautions.

Enforcement of Visitation Rules Regarding Mitigation Measures Facilities shall enforce all required mitigation measures including face masks, hand sanitizing, screening of visitors, and social distancing. Visitors who refuse to comply with mitigation measures may be removed from or denied access to the premises.

Additional Visitation/Visitation Types:

- **1.** Those that are not employees or essential healthcare providers, including hairstylists, educators, entertainers, and volunteers will follow the same visitation protocol and schedule. Therapy dogs should be permitted, however, any handler will adhere to the visitation policy
- **2. Healthcare Workers-**who are not employees of the facility but provide direct care to the facility's residents, such as hospice workers, Emergency Medical Services (EMS) personnel, dentists, home health personnel,



dialysis technicians, laboratory technicians, radiology technicians, social workers, clergy, etc must be permitted to come into the facility as long as they are not subject to a work exclusion due to an exposure to COVID-19 or shows signs or symptoms of COVID-19 after being screened.

- **3. Regulatory and Investigative Personnel,** who are not employees of the facility but ensure health and safety of the residents, such as law enforcement, ADHS/CMS licensing surveyors, APS Investigators, and health plan quality assurance investigators, etc., must be permitted to come into the facility as long as they are not subject to a work exclusion due to an exposure to COVID-19 or show signs or symptoms of COVID-19 after being screened.
- **4. Ombudsman and All other Medical Professionals-**Visitation is allowed during all levels of community spread as they are all essential medical professionals.

Timing of Visits (All Visits are by appointment only)

- The Compassionate care visitor can be set up at anytime with authorization from Administration.
- A maximum of 2 visitors for indoor visits and 4 visitors for outdoor visits are allowed per resident
- The Indoor and Outdoor visitation is set for 7 days a week between the hours of 8:00am to 11:00am and 1:00pm to 4:00pm. Visits are scheduled to begin at the top of the hour to allow for sanitation between uses of the common area, and will be limited to 45 minutes. If you are late for your visit you run the risk of a shorter visit.
- The Designated Essential Visitor is set for 7 days a week between the hours of 8:00am to 8:00pm. We will not allow more than 6 Designated Essential Visitors in the facility at a time to ensure staff availability to accommodate screening, supervising, monitoring, cleaning and sanitation

Post Visit Cleaning and Sanitation

• The facility will clean and sanitize the area that the visitation occurred per the facility's established protocols.

Thank you,

Please contact Social Services or Heather Friebus Administrator 520-906-1538 if you have any questions.